

Rudranath Trek

The remotest of the Panch Kedar, through the bugyals above Sagar

DURATION	5D / 4N	DIFFICULTY	Moderate
MAX ALTITUDE	12,000 ft	DISTANCE	40 km
BASE CAMP	Sagar Village, near Gopeshwar	REGION	Garhwal
PRICE	₹9,500 per person · Transportation charged separately.		

About this trek

Rudranath is the Panch Kedar temple that cannot be reached by road, and the walk to it is one of the finest meadow treks in the Garhwal. From Sagar the trail climbs through forest to Panar bugyal, crosses the Pitradhar ridge with Nanda Devi and Trishul in view, and drops to the small stone temple in its meadow. We run it as a trek with camps rather than a rushed pilgrimage.

Day by day

Day	Route / activity	Distance · time · stay
1	Rishikesh to Sagar Rishikesh → Gopeshwar → Sagar Drive to Gopeshwar and the road-head village of Sagar.	220 km · 8 hrs drive · Sagar (guesthouse) · 6,600 ft
2	Sagar to Lyuti Bugyal Sagar → Pung Bugyal → Lyuti Bugyal A long climb through oak and rhododendron forest to the first meadow.	10 km · 6 hrs trek · Lyuti Bugyal (camp) · 9,800 ft

Day	Route / activity	Distance · time · stay
3	Lyuti Bugyal to Rudranath via Panar Lyuti Bugyal → Panar Bugyal → Pitradhar → Rudranath Over Panar bugyal and the Pitradhar ridge, with the big peaks in view, down to the temple.	10 km · 7 hrs trek · Rudranath (camp/dharamshala) · 12,000 ft
4	Rudranath to Panar Rudranath → Pitradhar → Panar Bugyal Morning at the temple, then a short day back to the meadows.	6 km · 4 hrs trek · Panar (camp)
5	Panar to Sagar, drive to Rishikesh Panar → Sagar → Rishikesh Descend to Sagar and drive out. An overnight at Gopeshwar can be added.	14 km · 6 hrs trek + drive · —

What is and is not included

Included

- Qualified trek leader and support staff
- Forest and camping permits
- Twin/triple sharing tents or guesthouse as noted
- All meals on the trek
- Safety equipment and first-aid support

Not included

- Transportation to and from the base camp unless noted
- Personal trekking gear and rentals
- Personal expenses and travel insurance
- Anything not listed under inclusions

Things to carry

- Trekking shoes with ankle support
- Backpack (40–60 L) with a rain cover

- Three warm layers and a padded jacket
- Poncho or rain jacket
- Sun cap, sunglasses and sunscreen
- Personal medication and toiletries
- Two one-litre water bottles

Upcoming departures

06 Oct – 10 Oct 2026	6 seats left
20 Oct – 24 Oct 2026	Sold out
06 May – 10 May 2027	14 seats left
20 May – 24 May 2027	3 seats left
06 Jun – 10 Jun 2027	18 seats left
20 Jun – 24 Jun 2027	9 seats left

Seat counts are live on the website; this sheet shows them as of 02 Sep 2026.

Himalayan Trails · Karchon, Post Tapovan, Block Joshimath, Joshimath 246443, Uttarakhand, India

Call +91 72529 10566 · WhatsApp +917252910566 · mahavirbisht885@gmail.com

<https://www.trekwayindia.com/treks/rudranath-trek>